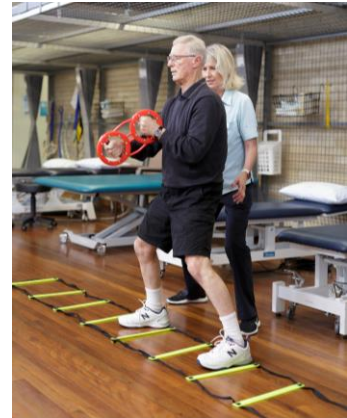


About us

At **Lady Davidson Private Hospital** it is our people, knowledge, experience and specialised staff that set us aside from other rehabilitation facilities. We are one of the largest private dedicated rehabilitation hospitals in Australia, with a team of **licensed PD Warrior therapists** on staff.

Treatment is based on the latest research with excellent results and is designed to enhance your physical ability, slow down your Parkinson's and help you live life to its fullest potential.

- Our expansive well equipped Physiotherapy gym is designed for PD Warrior and aerobic exercise, with specific equipment to improve flexibility, strength, co-ordination, balance, posture and body alignment for all levels.
- Free on-site parking
- Gate No1 Café where Parkinson's social gatherings are held.



Session Information

- **Individual appointments daily:** Physiotherapy-PD Warrior, Speech Therapy (LSVT Loud), Occupational Therapy (hand function, cognition), Exercise Physiology (strength, fitness), Dietician, Massage Therapy, Psychology.
- **Group PD Warrior sessions** held on Monday, Tuesday, Thursday and online via ZOOM.
- **Hydrotherapy**-Parkinson's specific in large modern indoor heated pool
- **Telehealth** available with specialist Parkinson's Physiotherapists
- Pilates

Access

- Private Health Insurance may be utilised by attending as a Day Patient (90-180 minutes of therapy)
- NDIS

Contact us

For more information please email Aimi Forsyth (senior physiotherapist) on Aimi.forsyth@healthscope.com.au or call our Day Therapy receptionist on (02) 9488 0122

