

Lady Davidson Private Hospital palliative care is about improving quality of life for people with serious or life-limiting illness. It's about managing symptoms while also supporting emotional, social, and spiritual wellbeing.

It brings together a team of health professionals who are committed to caring for the whole person, not just their illness and to supporting their loved ones every step of the way.

Enquiries:

Call Lady Davidson Private Hospital on 02 9488 0111

Patient information and referrals:

E ldhreferral@healthscope.com.au

Weekdays 8-4pm

P 02 9488 0189 **F** 02 9488 0151

After hours

P 02 9488 0109



Scan the QR code for more information on Palliative Care.



Free parking on site

How to find us

By Car: Take Bobbin Head Road north from the Pacific Highway at Pymble and continue for 5km. The hospital is only 45 minutes from the Sydney CBD.

Public Transport: The nearest railway station is Turrumurra Station. Shorelink Bus No. 577 departs from the bus terminal at Rohini Street. Turrumurra, taking approximately 15 minutes to Lady Davidson Private Hospital.



434 Bobbin Head Road,
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ladydavinsonprivatehospital.com.au

ABN 53 079 309 550



05/2026

Palliative care

Patient Information



What is palliative care?

Palliative care is specialised and tailored health care that supports people living with a life-limiting illness, along with their families and carers.

Its focus is on assisting patients live as well as possible by managing pain and other physical symptoms, while also providing emotional, spiritual, and practical support.

It recognises that each person's experience is unique, and that care should be tailored to the needs and wishes of the patient and their loved ones. Support is provided not only for physical symptoms but also for other challenges that may arise.

Importantly, palliative care is not about hastening or delaying death. It's about promoting comfort, dignity, and quality of life – supporting people to live comfortably, for as long as possible.

Who is palliative available to?

Palliative care is for anyone who has been diagnosed with a life-limiting illness who are approaching or have entered the terminal phase of their illness. We are able to assist with symptom management, planning care needs and end of life care.

This care extends beyond the patient – it also offers vital support to families and carers, helping them cope with the challenges of illness and caregiving.

About palliative care at Lady Davidson

Lady Davidson Private Hospital's Palliative Care Unit is a dedicated ward featuring large private rooms with peaceful garden views. Patients and families can enjoy spacious outdoor gardens surrounded by natural bushland, providing a calm and supportive environment.



Our experienced and compassionate multidisciplinary team works together to ensure each patient receives the highest level of care.

Care is provided collaboratively by:

- Specialist palliative care doctors
- Geriatricians
- A dedicated nursing team
- Social workers
- Dieticians
- Pastoral care providers
- Counsellors
- Physiotherapists
- Occupational therapists

Admissions to the Palliative Care Unit are generally planned for a period of up to 6–8 weeks to provide symptom management, support, and care during a period of increased need or for end-of-life care.

If required, we will work with patients and their families to plan a supported transition to the community, which may look like returning home with additional support or assistance in finding an appropriate residential aged care facility.

Can I go home from palliative care?

It is common for people receiving palliative care to go home between periods of inpatient care. In some instances, alternative and more suitable accommodation, such as aged care, may be considered.

How do I access Lady Davidson palliative care?

We provide direct and timely admission for patients at home, aged care facilities or other hospitals who are in need of palliative care.

Referrals can be made by:

- General practitioners
- Treating specialists
- Community palliative care agencies

Funding:

As a private health facility, health insurance is required and we will complete an eligibility fund check prior to admission.



A note about VAD

Admissions for Voluntary Assisted Dying falls outside our hospital's usual scope of services. Enquiries in this regard could be directed to the General Manager.